

# Youth Track Meet Registration

## Williston Parks and Recreation District



Williston High School Track – 4200 32nd St W, Williston, ND  
Saturday, May 2, 2026, at 10:30am  
Field Events will open at 10:45am

**Participant Name:** \_\_\_\_\_

**Gender:** Male or Female      **Age:** \_\_\_\_\_

***NOTE: All Participants may register for 4 events with only 3 being Track.***

### **Age 5 & under:**

Field

- Long Jump
- Softball Throw

Track

- 50 Meter Dash
- 100 Meter Dash
- 200 Meter Dash
- 400 Meter Dash

### **Ages 6-7:**

Field

- Long Jump
- Softball Throw

Track

- 50 Meter Dash
- 100 Meter Dash
- 200 Meter Dash
- 400 Meter Dash

### **Ages 8-9:**

Field

- Long Jump
- Softball Throw

Track

- 50 Meter Dash
- 100 Meter Dash
- 200 Meter Dash
- 400 Meter Dash
- 4 x 100 Meter Relay

**Ages 10-11:**

Field

- Long Jump
- Softball Throw

Track

- 100 Meter Dash
- 200 Meter Dash
- 400 Meter Dash
- 800 Meter Dash
- 4 x 100 Meter Relay

**Ages 12+:**

Field

- Long Jump
- Softball Throw

Track

- 100 Meter Dash
- 200 Meter Dash
- 800 Meter Dash
- 1600 Meter Dash
- 4 x 100 Meter Relay

***NOTE: You must read and sign the waiver below to participate.***

**Release and Indemnity Agreement**

The undersigned for himself and for the minors (persons under the age of 18 years) whose names appear above as registered for participation in the event or program (the Event) described on the front of this document. In consideration of the acceptance of my registration and the participation of myself and any of the minors whose names appear above, or my children, or my wards, I hereby, on my behalf and their behalf, release Williston Parks and Recreation and its agents and employees from all claims for injuries or property damage that I or they may sustain arising out of the event. I and any such minors recognize and acknowledge that there are risks of physical injury to participants in the event both known and unknown and I agree for myself and on their behalf to assume the risks of such injuries, damages, or loss which I or they may sustain as a result of participation in the Event. I release Williston Parks and Recreation, and its agents and employees, from any such claims and I agree to indemnify and hold Williston Parks and Recreation, and its agents and employees harmless from any claims by any of the minors listed above arising out of or in any way related to the event. The persons executing the Release and Indemnity Agreement above hereof understand that the event may be videotaped or photographed and agree to such images and further agree that images will be the sole property of Williston Parks and Recreation and may be used for advertising and promotional use without notice to or consent of a participant, parent, or guardian and that any revenue derived there from shall be solely that of Williston Parks and Recreation.

**I HAVE READ AND FULLY UNDERSTAND THE ABOVE DETAILS, WAIVER AND RELEASE OF ALL CLAIMS.**

**Parent/Guardian:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Emergency Contact Name & Phone Number:** \_\_\_\_\_